

ANY WAY YOU SLICE IT

IGA TabletRite **Beef is Best!**

Sirloin Tip \$1.07 **AGED RITE** **TRIMMED RITE** **PRICED RITE**

TableRite Chuck Roast 57¢ **T-Bone Steak** \$1.37 **Sirloin Steak** \$1.27

Standing Rib Roast .97¢ **Pot Roast** .67¢ **Ground Chuck** .77¢ **Wiensers** .57¢ **Mellwood Bacon** .87¢

Sweet Bermuda Onions lb. 12¢ **Florida Juice Oranges** 20-lb. Bag 89¢ **French Fries** 10¢ **Fish Steaks** 98¢ **Fish Stricks** 29¢

U.S. No. 1 Round White Potatoes lb. 12¢ **Straw Berries** 39¢ **GRANULATED SUGAR** 38¢ **MIRACLE WHIP** 59¢

White Potatoes lb. 12¢ **Straw Berries** 39¢

French Fries 10¢ **Fish Steaks** 98¢ **Fish Stricks** 29¢

GRANULATED SUGAR 38¢ **MIRACLE WHIP** 59¢

Green Beans 15¢ **Dream Whip** 49¢ **Sweet Spread Jams** 49¢ **Bath Soap** 10¢ **Bubble Club** 19¢ **Popsrite Popcorn** 29¢ **Corn Flakes** 38¢

Garden Supplies

Michigan Peat 50 lbs. \$1.19

Peat Moss 4 cu. ft. \$3.59

Peat Moss 6 cu. ft. bag \$4.59

MONEY ORDERS Any Denomination

IGA CREAMY SMOOTH 18 oz.

Peanut Butter 59¢ **KEEPLER TOAST** **Snack Cracker** 10 oz. 43¢ **SUNSHINE 10 oz.** **Cheezits** 35¢

IGA **Coatney's FOODLINER** **CARLISLE, KY.**

Kay's Kitchen *By Key Fisher*

Beef-Rice Casserole

Yes, I am going to give you more dessert recipes. In fact I had planned to devote this week to it, but so many have asked for more suggestions for using ground beef, so I will do that one more week.

One of the best and easiest is this one for meat loaf. 1 pound of hamburger and one 15 ounce can of Spanish Rice. Add a shake or two of salt and pepper. Make into loaf and bake at 300 degrees for about 30 minutes.

We have Hurst Fry to put this for us.

Beef-Rice Casserole

Brown 1 pound hamburger with one medium onion chopped. Drain off all fat and add one small can of green peas, one small can of tomatoes and mix well. Add 1/2 to 3/4 cup of rice thoroughly cooked, seasoned with salt. Combine all ingredients. This is where I start tasting. If you don't like too much seasoning stop with the salt and pepper. I always end up with a shake or two of Lavy's Seasoning Salt and a dash or two of Worcestershire Sauce and a light sprinkling of Sweet Basil. Anyway when it tastes good to you or how you want your family to taste seasonings, pour into lightly greased casserole. Break Ritz crackers and spread generously over top. Bake 1 1/2 to 2 hours at 400 degrees to 425 degrees.

You may prepare this a day ahead or in the morning adding cracker top just before baking. If there is any left, reheat in tomato juice and add fresh cracker top and heat through. This will make 6 to 8 servings.

Chili

In large heavy skillet brown one pound of hamburger. If the hamburger is fat drain off as much of the fat as possible. Add one 303 can of tomato sauce, one 15 ounce can of beans and one package of French's Chili-Mix stirring all to mix well. Simmer covered about 45 minutes, stirring occasionally.

The chili mix is important. I have tried several brands and it is important that you stick to this one.

Macaroni-Burger Casserole

Brown burger in heavy skillet with sliced or chopped onion about two medium ones and 1/2 green pepper. Season well with salt, pepper, Worcestershire sauce, Lavy's—let your taste buds be your guide. Add enough water to dissolve one bouillon cube. Cook macaroni according to directions on package. Add one pound of hamburger and your prepared casseroles. Four cheese sauce over all adding sliced cheese on top. Bake in oven until bubbly.

Bakery Values!!

Bread 29¢ **Jelly Rolls** 49¢ **Buns** 2-49¢ **Stokely Fancy TOMATO JUICE** 25¢ **Cheese Spread** 89¢

Nursing Home News

By Virginia Smith Donovan

You are as young as your faith, as old as your doubts, as young as your self confidence, as old as your fear; as young as your hope; as old as your despair.—Warren Walker.

It's nice to visit with Miss Cordia Bell. She's always pleasant. Miss Cordia said when she came to the home, she made up her mind that she was not going to trouble anyone with her problems; she was going to make the best of every situation. Miss Cordia has done just that. She always has a smile and always thanks all of the help for each hand's turn. She is such a modest person. Everyone is glad the good news is that Miss Cordia is back taking care of others. Nellie was greatly missed.

We have good news about Robert Medley. Robert says he has recently bought him a new mobile home. Congratulations Robert, you are a good worker and we wish you lots of luck and happiness. We are patiently waiting for news to be good to return.

The help will get sick, too. Allie Tap is in Nicholas County Hospital. He is greatly missed too. "Mr. Allie" isn't afraid of work. Maybe he worked too hard.

All rumors should be fitted with girtdies, to keep them from spreading.

The usual crowd came Sunday to see Harvey Ellison. They came from all over, and his visiting really makes Mr. Harvey smile.

The Christian on his knees for news is than the philosopher on tip toes.—Dwight L. Moody

Mrs. Boone and Mrs. Fries were up from Cowan to see Ward Hammond's and Mrs. Maggie Hammond.

John Crouch from Bourbon County visited his mother, Mrs. Nan Crouch on Saturday.

"What's your son going to be when he gets out of college?"

I'm not sure," was the reply. "But from the letters he writes home, I'd say he's going to be a professional football player."

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Breeze Box Window Fan

2 speed \$15.88

3 speed \$17.88

SOLELY

CALL 289-2464 THE MERCURY OFFICE WITH YOUR SOCIETY NEWS.

---Personals---

Rev. and Mrs. J.B. Rice Sr. of their niece, Mrs. Sam Christian, Richmond, at a luncheon at the Old South Inn in Winchester last week.

Mrs. and Mrs. Marshall H. Cox are visiting their parents, Mr. and Mrs. Charles M. Cox and Mrs. Harold Mitchell, while Youngman Cox is enroute from Long Beach, Calif., to three months of special training with the Navy at Norfolk and Philadelphia Navy Yards. Mrs. Cox will remain with her parents until Youngman Cox returns to Long Beach.

Miss Claudia Garaball was home from Eastern Kentucky University Saturday in attendance at the wedding of Miss Karen Morrison on Saturday night.

Mr. and Mrs. W.O. Doyle were in Paris last Sunday to attend the golden wedding anniversary of Mr. and Mrs. J.F. Kerr.

Mr. and Mrs. Paul Garrett and Jo spent the weekend in Glasgow with relatives. They also went to Birmingham, Alabama and other points of interest.

Mr. and Mrs. Eugene Clawell and son Gary of Connersville, Ind. and Mrs. and Mrs. James Hughes and family of Pleasureville were guests of the Carlisle Junior Women's Club at their home on Clifway Drive, Thursday, April 22, at 7:30 p.m. Mrs. Charles Camp and Mrs. R.S. Willis Jr. will be co-hostesses.

The Nicholas County Speech and Drama, under the direction of Mrs. Charles Camp will present the program.

Mrs. and Mrs. Warren Crockett and children of Cincinnati spent Saturday with Mrs. and Mr. and Mrs. Crockett of the Sharpshooter Road.

Mr. and Mrs. Russell Alexander and Mrs. Bill Alexander returned from a visit with their brother, Mr. Raymond Alexander and family of Washington, N.C., on Wednesday.

Mrs. Kenneth Soper has returned from St. Petersburg, Fla. where her mother, Mrs. W.E. Miller has suffered a stroke and is in St. Petersburg General Hospital.

The General Assembly session at 10:30 a.m. will hear a report from the Nominating Committee and the presentation of candidates.

The program will be "Jewels" in the KFWC Crown, awards and reports.

The noon luncheon, Wednesday, will feature Junior "Jewels" in the KFWC Crown and special awards. Mrs. Robert D. Silk, Overland Park, Kansas, district officer. Continued on Page 7

Mrs. Thomas Attends PTA Convention

Mrs. Thomas C. Johnson is attending the Kentucky Congress of Parent-Teacher Conventions in Louisville this week, April 20-22.

In addition to her other duties, she will conduct a workshop on Procedure and bylaws and serve as chairman of a committee in Louisville this week, April 20-22.

Charge of the election officers which was conducted on Tuesday.

Children 50c Adults 81c25

KFWC Diamond Anniversary To Be Celebrated April 28-30

The Kentucky Federation of Women's Clubs Seventy-fifth Annual "Diamond Jubilee Anniversary" Convention will open with registration at 8:00 a.m., Tuesday, April 28, at the Flamingo Hotel, Lexington, and continue through Thursday, April 30. Mrs. Oscar C. Sowards, president, Pikeville, has chosen "Jewels in the KFWC Crown" as Convention theme.

Those attending from Carlisle are: Community Women's Club, Mrs. Lonnie Griffin and Mrs. Fred Whaley; Carlisle Junior Women's Club, Mrs. Don Hughes, Mrs. David Zachary and Mrs. Eddie G. Prickett; Meetings of State chairman and District governors will help immediately preceding the opening session at 10:30 a.m. Amendments and resolutions will be heard and reports and awards made.

Luncheon at 1:00 p.m. will feature "Fidèle-Fashion 'Jewels'". The Gold Belts (Mental Health Volunteer Program, Arthritis and Spiritual Values Awards) will be given at this time. Miss Mary Grace, will be the evening speaker.

There will be a banquet at 6:30 p.m. in the Gov. Hall at which time the Community Improvement Program, Safety, Floral Design and Status of Women awards will be given. Dr. William C. Hambley, Pikeville, will be the evening speaker.

April 29, there will be a Junior-Cheerwomen Breakfast with awards and a Past Governors' Club and Past Women Presidents' Breakfast featuring "PEARLS" in the KFWC Crown.

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LYRIC *Sat. Sing.* **Fri., Sat. Sing.** **April 24-25-26**

Steve McQueen "The Reivers"

Admission **Children 50c Adults 81c25**

Dine with Friends Here

For an enjoyable evening with friends, have leisurely dinner and good food in Service. Free coffee or soft drink with Cony Island or Hamburger on Saturday.

Town & Country Restaurant **Luther Holler, Owner**

NC Alumni Banquet To Be Held May 30

The Nicholas County Alumni Association will hold its annual banquet on May 30, 1970 at Nicholas County High School.

Prior to the banquet, a reception will be held in the foyer of the gymnasium, beginning at 6:30 p.m. Tickets may be purchased at the First National Bank beginning April 27.

Jr. Woman's Club To Meet Tonight

Mrs. Jimmy Shaw will host the meeting of the Carlisle Junior Women's Club at her home on Clifway Drive, Thursday, April 23, at 7:30 p.m. Mrs. Charles Camp and Mrs. R.S. Willis Jr. will be co-hostesses.

The Nicholas County Speech and Drama, under the direction of Mrs. Charles Camp will present the program.

Mrs. Jerry Cameron will have the Spiritual Values.

Spiritual Woman's Club To Meet Monday

The Community Women's Club will meet Monday, April 27, 7:30 p.m. at the home of Mrs. Nellie Young, Paris Road.

The program will be presented by Mrs. William Stephens and Mrs. Gloria Keenan, County High School.

Mrs. W.L. Kingsolver will give the Spiritual Values.

Mrs. Morris Whiteley will assist Mrs. Young in the social hour.

Glass-Richardson Wedding April 17

The wedding of Miss Donna Glass and Philip Richardson took place Friday, April 17 at the home of Rev. Fred Simmons. A double ring ceremony was performed.

Miss Richardson is the daughter of Mr. and Mrs. Thurman Glass of Nicholas County and is employed at Blue Grass Industries.

Mr. Richardson is the son of Mr. and Mrs. Emory Richardson of Cynthia and is a factory worker.

Mrs. Octie Glass, mother of the bride and Mr. and Mrs. Walter Mitchell were their attendants.

Births

JACKSON

Mr. and Mrs. Meredith Jackson have chosen the name Angel Kay for their daughter born Friday, April 17, at the Nicholas County Hospital. She weighed five pounds and 10 ounces.

BURTON

Mr. and Mrs. Harold Burton have chosen the name Stuart Ann for their daughter born April 17, at the University of Kentucky Medical Center. She weighed six pounds, eight ounces.

Mr. and Mrs. W.J. Clark are the maternal grandparents.

CORNELIUS

Mr. and Mrs. Hilly Cornelius announce the birth of their son, Clark McClain, born March 14, at the Nicholas County Hospital. He weighed nine pounds and three ounces.

Mrs. James Williams Hosts Carlisle Garden Club Meet

The Carlisle Garden Club met Monday, April 20, at the First Christian Church with Mrs. James Williams as hostess.

Mrs. William Layton, president, welcomed the members and guests and conducted a short business session. It was decided to have a Plant Sale Monday, April 27, at the Christian Church.

Mrs. Virginia Donovan gave the devotion.

Mrs. Walter Bauman, Lexington program leader, was introduced by Mrs. George Dale, Mrs. Louise McFarland-Clark.

Vows Exchanged

Miss Margaret McFarland and Buford Clark were united in marriage Friday, April 17, at the home of Rev. Simons. A double ring ceremony was performed.

Mrs. Clark is the daughter of Mr. and Mrs. Marshall McFarland of Sharpshooter Road.

Mr. Clark is the son of Mr. and Mrs. Clay Clark of Nicholas County and is engaged in farming.

Mr. and Mrs. Harvey Clark were their attendants.

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