



ECONO-MEAL
NEW ENGLAND FISH LOAF
A Luscious Special. And A Delightful Menu Change. Combine 2 egg yolks, 2 cans Cooked Potatoes (leftover fish very fresh, frozen or canned will do), 1 cup soft bread crumbs, 1/2 cup melted butter, 1/2 cup milk, 1/2 cup salt, 1/2 cup onion, 1/2 cup parsley, 1 tsp. ground onion, salt, pepper and onion to taste and 1 cup milk. Mix and blend all ingredients. Fold in 3 beaten egg whites, pour into a lightly buttered loaf pan or ring mold. Bake in pan of hot water. Bake in 300° F. pre-heated oven 55-60 minutes. For hot dinners, turn out on hot platter. Serve with mushroom or egg sauce.

TABLETREAT
Sandwich Bread
King 24 oz. 2/49c
Schafter Cherry Pies
9 in. 49c
TABLETREAT
Coconut Layer Cake
each 69c

VANILLA WAFERS, TEA RINGS,
CHOC. CHIP OR COOKIE BAR
IGA Bag Cookies

4 FOR \$1

ECONO-MEAL
SUGGESTIONS

- ECONO-MEAL HAMBURGER STROGANOFF**
Going Hi-Hot On A Slim Budget!
In a skillet heat 3 Tbsp. butter, oil or drippings. Brown 1/2 cup chopped onion, 1 slice apple and 1 lb. ground beef. Soak 2 Tbsp. flour, cook 3 minutes and blend 1-4 Cts. can mushrooms and 2 Tbsp. chili sauce. Season to taste with 1/2 tsp. Worcestershire Sauce, 1 tsp. salt, pinch of pepper. Ten minutes before serving turn off heat, blend in 1/2 cup sour cream. Keep hot but do not boil. Serve with buttered hot noodles. Sprinkle with chopped parsley.
- Bush's Chopped Greens 303 10c
kale, mustard, turnips, 10c
IGA Flaky Pie Crust Mix 10 oz. 15c
Shedd Peanut Butter 'N' Jelly 18 oz. 59c
IGA Deluxe Purple Plums #24 29c
Billmore Luncheon Loaf 12 oz. 14 oz. 29c
Johnson Polishes Pledge, reg. or lemon 98c
Bravo 27 ct. 98c

FROZEN BUYS

- IGA Golden Onion Rings lb. 59c
IGA Orange Juice 12 oz. 32c
Cheese Spread TABLETITE 2 lb. 89c
Process Cheese Slices 12 oz. 49c
TABLETITE american or pimento 49c
Chef-Boy-Ar-Dee Dinners 49c
with meat or mushrooms 19 oz.
Chef-Boy-Ar-Dee Pizza Mix
peppermint 17 oz. 69c
Cheese 15 oz. 49c
Sausage 16 oz. 59c

IGA PERCH FILLETS
HEAT & EAT
1-lb. pkg. **44c**

Round Steak lb. 79c

- TABLETITE
Stokely Fancy Applesauce 14c
Karo Golden Syrup qt. 49c
IGA Blue Detergent gt. 39c
Carnation Evap. Milk tall 15c
IGA Frozen Cherry Pie 20oz. 36c
IGA Long Thin Spaghett 12 oz. 15c
Libby Buttered Vegetables golden corn, green beans, lima beans 13 oz. 4/51
Libby Golden Corn 303 22c cream or whole kernel
IGA R.T.P. Cherries 303 38c
Comstock Cherry Pie Filling #2 49c
Purina Dog Chow 10 lb. \$1.29
- TABLETITE
Top Round Steak lb. 99c
Rump Roast lb. 89c
Sirloin Steak lb. 99c
T-Bone Steak lb. \$1.09
Down Home Bacon lb. 57c
VAN CAMP
Pork & Beans #25 can 19c
- TABLETITE
Ground Beef lb. 49c
Hilberg Steakettes 10 - \$1 beef, breaded pork, breaded veal, chuckwagon
TABLETITE BONELESS
Sirloin Steak lb. \$1.29
TABLETITE GROUND ROUND lb. 89c
- TR SOFT MARGARINE**
EASY TO SPREAD
1 lb. 29c
ctn.
- GOLD MEDAL
Flour plain or self-rising 20c off 25c a \$1.98

Potatoes 79c

- MAINE ALL PURPOSE 20 lb. bag 79c
Yellow Cooking Onions 3 lb. 29c
Fresh Spinach 10 oz. cello 29c
Fresh Kale 10 oz. cello 29c
Florida Juice Oranges 5 lb. bag 49c

Open Fri. Night Till 8 p.m. Sat. 8 a.m. to 6 p.m.

Coatney's PEOPLE'S MARKET ARE SHOWING ALL IGA FOODLINER

Selective Service

Q.—After reading the SS Form 104 I realize to sign it, I must submit a letter requesting a student deferment, will it be prepared a 30 (student) classification?
A.—The law requires an undergraduate student to make a written request to his local board before he can be considered for a student deferment. SS Form 104 has been prepared for the convenience of the registrant for making the request. In line of the SS Form 104, the registrant may make a written request over his signature to meet the minimum requirements of the law.

Q.—Is it true that it would be to my advantage, time-wise, if I am appealing my classification, to submit my written notice of appeal at the latest time before the appeal period expires—this procedure giving me the benefit of a few extra days or weeks?
A.—The law permits the registrant to submit an appeal within 30 days after his initial classification. Classification 1, does this mean I will be reexamined?
A.—You may or may not depending upon the reasons for being rejected for military service. When other registrants in your age group with similar classifications and circumstances are examined, your local board will review your case.

In Service

GARDNER B. FEEBACK, JR.
San Antonio—Airman Gardner B. Feedback, Jr., son of Mr. and Mrs. Gardner B. Feedback Sr., of Rt. 3, Carlisle has completed basic training at Lackland AFB, Texas. He has been assigned to the Air Force Technical Training Center at Sheppard AFB, Tex., for specialized schooling as a communications specialist. Airman Feedback is a 1956 graduate of Nicholas County High School.

To Be On The Radio

Rev. Julian Hammocks of Shannon and Gospel Methodist churches, Maye Lick, Route 2 can be heard each morning from Feb. 26 thru March 2 over Maywville, WFMT.



Airman Feedback, Jr.

ARTHUR M. RUBLE

Spokane, Wash.—Chief Sergeant Arthur M. Ruble, son of Mr. and Mrs. Leon Ruble of Lake Lynn, Va., has received the U.S. Air Force Commendation Medal at Fairchild AFB, Wash. Chief Ruble, a food-service supervisor, was decorated for meritorious service at Phan Rang AB, Vietnam. He was cited for his professional skill and devotion to duty. He is now at Fairchild in a unit of the Strategic Air Command. The sergeant is a graduate of Point Martin (Pa.) High School. His wife, Helen, is the daughter of Mrs. L. Vanlandingham of Carlisle.

DAVID P. SMOOT
(00091) Great Lakes, Ill. (EHTNC) Feb. 7—Seaman Apprentice David P. Smoot, USN, son of Mr. and Mrs. Paul Smoot of 381 East Main, Carlisle has been graduated from five weeks of Navy basic training at the Naval Training Center here.

In the first weeks of his naval service Smoot studied military subjects and lived and worked under conditions similar to those he will encounter on his first ship or at his first station. In making the transition from civilian life to Naval service, he received instruction under various Navy petty officers. He studied seamanship, as well as survival techniques, military drill and other subjects.

RED TAG SPECIALS

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Freezer holds up to 147 lbs.!
At Freezer re compartment!
Rolls out for cleaning!
Model TFB-160K Refrigerator-Freezer
\$288⁹⁵ J.T.

General Electric Top Quality Automatic Range
Backlash Handover Trimmed in Steamline
Self-Clean Steam Cleaning
Automatic Oven Timer, Clock and Minute Timer
Priced from **148⁸⁸**

GE "No-Guesswork" Washer with Mini-Basket
Price one basket for a perfect combination of scrub action, wash temperature, rinse temperature and spin speed for ANY fabric.
PLUS BENEFIT: Mini-Basket for small, delicate fabrics or other special loads.
Automatic washer prices start at \$149.88

General Electric Mobile Maid Dishwasher
4 Cycles!
Daily Loads, Pots and Pans, Rinses and Heats, Cleans and Crystals... all sparkling clean!
Model SM-300C per load. Econom
148⁸⁸

GE Porta-Color TV To be given away Thursday, Feb. 29. Come In and Register
COLOR SENSATION!
SIMPLIFIED COLOR TUNING
"METER GUIDE" "COLOR MENDER" Automatic Color Control
Automatic Fine-Tuning
Big 20" sq. in. Picture
Model MWD10D
\$519⁹⁵

GE Clothes Dryers

GE Porta-Color TV To be given away Thursday, Feb. 29. Come In and Register
\$139⁹⁵

RED TAG SPECIALS END THURSDAY, FEB. 29, 6 P.M.
GARRETT'S FURNITURE