The Men From SPURT Making Living Under Water

Frankfort--The men from SPURT have a legitimate excuse for not keeping their professional feet on the ground. They make their living underwater.

SPURT stands for State Police Underwater Recovery Team. The Kentucky State Police operates two such teams, each composed of four men assigned to one-half of the state. Members specialize in recovery of bodies of drowning victims and of stolen property discarded in lakes and rivers.

The West team at Post Four, Elizabethtown, is credited with recovery of five bodies this summer. The East team works out of Post 12, Frankfort.

The SPURT official uniform includes an aqua lung, set of fins, a snorkle and, when water is unusually cold, a black skintight, neoprene rubber suit.

Members are drawn from regular State Police ranks on a voluntary basis.

Col. James E. Bassett, State Police director, said SPURT developed out of "the increase in the number of water recreational areas in Kentucky when it became necessary to initiate a program to assist in recovery of drowning victims."

Bassett said State Police receive a request for assistance nearly every week from local officials across the state.

The SPURT team underwent 10 days of extensive training in SCUBBA diving at Dale Hollow Lake, before this, the men received 45 hours of swimming and life saving instruction at the Kentucky State College swimming pool. All of them have qualified with the Red Cross as either senior life savers or water safety instructors.

When they're not getting "all wet," the eight SPURT divers perform the routine duties of any state policeman, including patroling Kentucky's highways.

Need Exists To Evaluate Freedom, Order Relationship

Washington--American Kentucky said.
need to evaluate the re- "A breakdown in the
lationship between free- relationship between
dom and order, Senator freedom and order means
John Sherman Cooper of anarchy -- which must

Rx For Local Men, Knock Off 16 Tons

(Special to the Mercury)

New York, August 20-- For Nicholas County's male population to get down to what doctors call "desirable weight" they would have to take off about 16 tons.

Local women would have to do some shedding too, but not to the same degree. Most of them, are somewhat lighter than their mothers were at their age.

As to the average man, he is nearly six pounds heavier than his father was at the same stage. For the 1,700 males locally over age 25, this increase amounts to 10,000 pounds.

Recent surveys and studies by various agencies, including the Public Health Service and the American Medical Association, have produced figures on a national basis to show the present-day weight of men and women in each height and age category.

Their findings are based on special physical examinations given to thousands of adults in all parts of the country.

They show that the average male in the United States, over age 25, currently weighs 168 pounds but that he should be down to 149 pounds for optimum health.

For the male population of Nicholas County as a whole, in that age bracket, assuming they are overweight to the same extent as men elsewhere, it represents an excess of 32,000 pounds or 16 tons.

Among women, age 25 or over, the average is found to be 145 pounds, as compared with a recommended weight of 131 pounds.

Those who are in the younger group, 18 to 24, now average 129 pounds, the surveys show, or about 10 pounds more than the doctors think they should.

What to do about it? To eat or not to eat, that is the question.

Cutting down on food intake is considered the best means of reducing. Exercise, however, is an important adjunct, according to the American Dietetic Association.

It has prepared a table to show the amount of physical activity that is necessary to dissipate the calories contained in various foods.

To burn up the 350 calories in a hamburger sandwich, for example, would require 67 minutes of walking, or 43 minutes of bicycle riding, or 31 minutes of swimming.

An ice cream soda, which contains 255 calories, would take 49 minutes of walking, 31 of bicycling, or 23 of swimming.

"I understand how people can become impatient -- but impatience should not let them become tools for professional disrupters," Senator Cooper said.

"Every effort must confine itself to the constitutional system -- which means no one can use the name of freedom to abolish order," he said.

"We have maintained freedom with order in the United States for almost 300 years -- and we have progressed through those years," Senator Cooper said.

"If we are to continue to progress, if we are to continue to make life in America more satisfying and rewarding, we must pause and look at the need for continuing to retain order as part of the guiding principles of this country," Senator Cooper said.

Please include your Zip Code Number

VA Questions

Q-- What period of service is required for enlistment under the new GI Bill?

A-- Six months (181 days) of continuous active service since February 1, 1955 or discharged for service incurred disability. Full time duty in Armed Forces shall include authorized travel to or from active duty.

Q-- I am severely disabled and in a VA Hospital. I will be hospitalized about two months, then will require nursing home care as my wife will be unable to care for me. Shall I wait until I am discharged from the hospital to file claim for increased pension?

A-- You should file your claim for increased pension now, as "husband benefits" of $35 per month may be payable while you are hospitalized.

ONE DAY ONLY!!
Tuesday, Sept. 6, 1966
BIG 11x14 SILVERTONE PORTRAIT
(Semi-Life Bust Vignette)

Clip This Coupon For 50c Saving

Special ½ Price Photo Coupon
This coupon and $1 purchase made now thru Tues., Sept. 6 in the store, entitles you to 1-11x14 Semi-Life Bust Vignette Portrait at
Present coupon and register tape to the Photographer and Save 50c per sitting.
49¢ Only one 49c offer per family.

Save 50¢ with this Coupon

Without purchase above offer will be 99c

- Separate 11x14 Portrait of additional children $1.00 ea.
- Family, or any part, group photographed $1.00 extra.
- Full Pose and Oil Coloring available at extra cost.
- No age limit ● No Handling Charge ● Satisfaction Guaranteed or money back.

Williams Resturant
106 W. Main St.
Carlisle, Ky.

Personals

Mr. and Mrs. Harry F. Cheatham of Columbia, Tenn. were guests of Mrs. R.M. Smith Sunday.

Mrs. W.W. Riggs and Mrs. J.S. Wilson have returned from a visit with Mr. and Mrs. Charles Aull and son and Mrs. Lurline Holmes, Columbia, S.C.

Albert Booth returned home last week from a visit with his son, Kenneth Booth and family of Long Beach, Calif.

Mrs. Pansy Barnett and granddaughter Margina White have returned home after a weeks stay in Cincinati with Mrs. Barnett's sister, Mrs. Russell Cox, Mr. Cox and Donnie.

Mr. and Mrs. James White, Henry Barnett, Gayle Ritchie and Faye Morgan were in Cincinnati Sunday and accompanied Pansy and Margina home.

Mr. and Mrs. Swango Moore had as guests Saturday night and Sunday Mr. and Mrs. Charles Moore and son Jeffrey and Bobby Moore.

Mrs. Russell Hollar of Bourbon County spent Monday with Mrs. Swango Moore.

The following visited Mr. and Mrs. W.A. Donovan Thursday. Mrs. William Tupman, Mrs. Laura Frost, Mrs. L.M. Faulconer and Mrs. Howard Smith all of Ft. Mitchell. They were friends and co-workers of Mrs. Donovan. Mrs. James Hardin and Mrs. Vivian Scott were also dinner guests.

Mr. and Mrs. W.B. Parker and son Jimmy and Johnny Kerns returned home Sunday night from a visit to Gatlinburg and the Smokies.

Mrs. Billy Frey returned Friday from a visit with her sisters in Ohio and Maryland.

Miss Mary Margaret Hutchings has returned from a four abroad and is the guest of her parents, Dr. and Mrs. Stanley Hutchings.

Mr. and Mrs. Ken Cable and children arrived Monday to be the guests of Mr. and Mrs. Ralph Shearer.

Mrs. A.B. Crouch and daughter Sidney have returned from a trip to Wisconsin.

Mr. and Mrs. Toby Elder of Morehead will arrive Friday for a visit with their parents, Mr. and Mrs. Warren Fisher and Mr. and Mrs. Thomas Hickman of Bourbon County.

Mr. and Mrs. Ted L. Insko have returned from a trip to Clearwater, Fla. and the Gulf coast.

Mr. and Mrs. Harvey Gaunce and son Bill, have returned from a vacation in North Carolina.

Mrs. Ruth Clary, Lexington and Mrs. William Nelkirk and two sons of Frankfort were dinner guests of their sister and aunt, Mrs. Harvey Gaunce and family, Sunday. Mrs. Neikirk and sons will leave Thursday for Baton Rouge, La. to join her husband who is with the Associated Press and will make their home there.

Elva R. Kendall has been confined to his home the past two weeks due to illness. His son, Leroy Kendall, who visited him last week has returned to his home in Clinton, Maryland.

Miss Lucille Buntin has returned home after a two weeks visit with Mr. and Mrs. Harold McClure and family in Pompano Beach, Florida.

Reunion

Banta

The Banta reunion was held Sunday, August 21 at the home of Mr. and Mrs. James N. Wood of the Upper Jacktown road. The occasion was also a birthday celebration of Mrs. Woods mother, Mrs. Edgar Huffstetter.

Stockdale-McCord

The families of Stockdale and McCord will hold their 33rd. annual reunion Sunday, September 4, at the Mount Pisgah Baptist Church, Fairview, Fleming County.

A basket lunch will be served at 12;30 p.m. with a business meeting to follow immediately. All relatives and friends of the families are cordially invited to attend.

Golden Wedding Anniversary

Mr. and Mrs. Roy Robertson of Route 1, Mt. Olivet, celebrated their golden wedding anniversary Sunday, August 14, with a family dinner at their home.

Centering the bountifully laden table was a lovely anniversary cake. Mr. and Mrs. Robertson were married on August 15, 1916 at Lexington and are the parents of four children; Mrs. Owen Hayden and Mrs. Shirley Johnson, Mt. Olivet; Mrs. William Robertson, Germantown. They are the grandparents of five-- Diana Dotson, Sandra and Kevin Dryden, Mt. Olivet; Sharon and Steve Robertson, Germantown. All five are students of Deming High school in Mt. Olivet.

Others present to help celebrate the happy occasion besides the family were Mr. and Mrs. Ruben Cleaver of Carlisle. Afternoon callers were Mr. and Mrs. John Cleaver and daughter Sandra of Carlisle, and Junior Sanders of Germantown.

Hamm-Morford Wedding Plans

Miss Ginger Mardell Hamm, daughter of Mr. and Mrs. Roy Shellman Hamm and John Taylor Morford, son of Dr. and Mrs. Jack Morford, Carlisle, will be married at 8 p.m. Saturday, August 27, in the Baptist Church.

Miss Hamm has chosen her sister Miss Wanda Hamm as her maid of honor. The bridesmaids will be, Miss Michael Morford, sister of the groom, Miss Nancye Boothe, Miss Liza Galbraith and Miss Paula Donovan of Carlisle.

The bride elect has been the incentive of several parties.

On August 2, Miss Liza Galbraith and Miss Sally Cox entertained with a linen shower at the home of Miss Cox.

Miss Paula Donovan and Miss Nancye Boothe were co-hostesses on August 8 for a miscellaneous shower at the home of Miss Donovan.

Miss Hamm honored her attendents with a luncheon at her home on August 10.

The rehearsal dinner will be given by Dr. and Mrs. Jack Morford, Friday at 7;30 p.m.

All friends and relatives are invited to the open wedding and the reception.

ATTENDS HORSE SHOW

Mr. and Mrs. Leroy Leet spent Sunday afternoon with their daughter Mrs. Eugene Jones and Mr. Jones and attended the horse show at Lewisburg. Their son Danny entered his pony, Peanuts and colt, Muffett and won two ribbons, one blue and one white.

BIRTHDAY PARTY

Mr. and Mrs. Stanley Storey entertained with a dinner Sunday in honor of their son Gary Wayne Storey's 17th. birthday.

Guests were their two daughters, Mr. and Mrs. Bobby Puckett of Paris, and Mr. and Mrs. Buford Mathes of Lexington.

Accepts Teaching Position In Hawaii

Miss Mary Glenn Feeback daughter of Mr. and Mrs. Sam Feeback left Saturday to accept a position as english teacher in Kanai High School in Hawaii. She was accompanied as far as San Francisco by her aunt Mrs. Thelma McHugh.

Births

Sosby

Mr. and Mrs. Leonard Sosby of Moorefield announce the birth of a son, born August 20 at the Nicholas County Hospital. He weighed seven pounds and twelve ounces.

McVey

Mr. and Mrs. Harold McVey of Carlisle are parents of a son born August 16, at the Nicholas County Hospital. He has been named Harold Conway and weighed five pounds, thirteen ounces.

White

Mr. and Mrs. William White of Carlisle, announce the birth of a daughter, Amy, Aug. 15 at the Nicholas County Hospital. She weighed eight pounds and four ounces and has been named Christine.

COOK-OUT GIVEN

An event of Monday night, August 15, was a cookout given at the residence of Mr. and Mrs. Joe Gates, Route 3, Carlisle. Honored was their son Larry J. Gates who has completed basic training in the army at Fort Benning, Ga. After he sent he is stationed at Fort Eustis, Va., attending a Transportation Movement School.

Attending the cookout were his wife, Sue Gates, several relatives and friends including Mr. and Mrs. Joe L. Gates and Larry, Mr. and Mrs. Douglas Gates, Mr. and Mrs. Chester Scott, Mr. and Mrs. Ray Snapp, Mr. and Mrs. Jackie Ham, Gary Gaunce, Mr. and Mrs. Gene Gates and family, Mr. and Mrs. Sherman Crump, Mr. and Mrs. William Massie and granddaughter.

Mrs. Josie Gates, Mr. and Mrs. Kenton Maffett, Anne and Wanda Bailey, Mr. and Mrs. Ervin Brunker and children.

Pony Show

The pony show scheduled for the county fair will be held at 8 p.m. Saturday, September 3 at the Nicholas County Recreation field. Before the show the Farm Bureau will sponsor games and a "Little Girls Style Show", ages 2-6 years old.

Homecoming At Cassidy Church

Homecoming at the Cassidy Methodist Church will be held Sunday, August 28. Sunday School at 10;00 a.m. Morning Worship at 11;00 a.m.

The Rev. J.M. Bevins, pastor, will be the speaker. Afternoon service 2;00 p.m. The Rev. Jesse Florence of Cynthiana will be the speaker. He is a former pastor of the church.

Basket lunch will be spread at noon. Everyone welcome.

Your ATTENTION is called to pages three and five and the messages thereon!

Attend National Council In Colorado

Mrs. Charles Wilson and Mrs. George Dale returned Saturday from Fort Collins, Colorado where they attended the National Homemakers Extension Council. They traveled by a chartered Greyhound bus accompanied by twenty other Kentucky women. This group visited Independence, Mo.; Abilene Kansas; U.S. Airforce Academy; Garden of the Gods and the Rocky Mountain National Park in Colorado.

The total number of delegates attending the N.H.E.C. from Kentucky received top national honors in two areas. Kentucky received first place in the family life program and honorable mention in the farm-city relations division.

W.W.1 ANNUAL DINNER AUGUST 29

William Brooks Barracks No. 2281 and the ladies auxiliary of the barracks will meet at the city lake for their annual dinner August 29 at 7p.m. The dinner consists of old ham and all the trimmings. In case of rain it will be held at the legion club rooms on Main Street.

Galyon-Stacy Engagement Announced

Mr. and Mrs. David E. Galyon of Paris, formerly of Carlisle, announce the engagement of their daughter, Wanda Lynn, to William Allen Stacy, son of Mrs. Rachel Stacy of Carlisle.

Miss Galyon is a graduate of Nicholas County High School. She is presently employed at the Bourbon County Hospital.

Mr. Stacy is a graduate of Nicholas County High School and is now employed at Kawneer in Cynthiana.

The wedding will be an event of early November.

Squirrel Season Opened Aug. 13

One of the earliest squirrel hunting seasons in recent years opened on Saturday, August 13, with surveys indicating a bumper crop of bushy-tails, in all sections of the state, Minor Clark, commissioner of the Department of Fish and Wildlife Resources, said today.

The increased number of squirrels, both the fox and the grey, is a result of better than average woods mast crops for the past three years, during which the squirrel population flourished, biologists of the Department point out. Increased numbers of squirrel follow good mast crops and with plenty of food for the past three year period, the squirrel population has shown a great increase. However, biologists explain, the mast crop for this coming winter may be lean, due to the late spring freezes, and many of the bushy-tails may die of starvation. It was for this reason that the season was moved up by about two weeks--to allow hunters to harvest more of the squirrels that would perhaps, fall victim to starvation conditions predicted for the winter months.

Again this year hunters will literally have two shots at the squirrel as the season have been split. The first phase continues from August 13 through October 31. The second phase opens on December 1 and continues through December 31. The bag limits, governed by statutes, must remain at six per day with a possession limit of 12 after two or more days of hunting.

The use of all breech-loading rifles of .243 caliber and above and shotguns with slugs or buckshot is prohibited at any time or any place for the taking of squirrel. However, squirrel may be taken with any type of muzzle-loading weapons.

Management areas with special seasons for the squirrel hunters are: Ballard County area; West Kentucky area; McCracken County (no rifles or ball or slug ammunition on that area); Central Kentucky area, Madison county, and Curtis Gates Lloyd Area in Grant county, August 13-October 15. Primitive weapons Area, Bath and Menifee counties, on which primitive weapons may be used, August 13-October 31, and December 1-December 31; Dewey Lake Area, Floyd county, and Robinson Forest, Breathitt county, coincides with statewide season; Land Between the Lakes Area, September 1-October 29 and Reelfoot Lake Area, Fulton county, September 19-24 and October 3-8.

THE MONEY YOU SPEND AT HOME STAYS AT HOME!

LYRIC Theatre
Fri. & Sat. Aug. 26-27
"QUEEN OF BLOOD"
in technicolor
Second Feature
"GIRLS, GIRLS, GIRLS"
in technicolor
Elvis Presley, Stella Stevens
Sun. & Mon. Aug. 28-29

HOT & COOL COUNTRY
HOLLYWOOD BIG PICTURE
FERLIN JAYNE HUSKY MANSFIELD
LAS VEGAS HILLBILLYS
SPECIAL GUEST STAR
MAMIE VAN DOREN
in person
COLOR
DON BOWMAN LOUIS QUINN BILLIE BIRD

SHOP THE PICK OF THE BACK-TO-SCHOOL CROP!
THURSDAY, FRIDAY, SATURDAY ONLY
With each $1.00 purchase of school supplies you may purchase 1 pair of our regular 55c Hi Honor seamless nylons for only
26¢
MORRISON'S

Vacation this year... exploring KENTUCKY'S 40 STATE AND NATIONAL PARKS

Whatever your sport, whatever your hobby, Kentucky's state and national parks offer you weeks of wonderful vacation. There's *My Old Kentucky Home*, rich in tradition ... *Pioneer Memorial* with its reconstructed frontier settlement ... *John James Audubon State Park*, a natural sanctuary ... *Mammoth Cave*, famous throughout the world ... parks on lakes for water sports, parks in mountains for scenery, 12 complete state resort parks with the very finest accommodations and every facility for fun. And it's all close to home! This year join the nation ... in a Kentucky vacation.

Send for exciting vacation literature.

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Capitol Annex Building, Frankfort, Ky. 40601
Please send me complete information on how to have the best vacation ever at Kentucky's State Resort Parks.
Name
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YOU MAY WIN
This HONDA Motorcycle
Drawing
Saturday, September 3rd.
Ask clerk for details
BAKER'S

Every one tender and flavor-full
ROASTS to boost about!
"Where Ma Saves Pa's Dough"
Every day's a good shopping day here, with values galore throughout the store; savings beyond compare. Shop now!
These Prices Effective Thursday thru Saturday

CHUCK ROAST 45¢ LB.
Bananas lb. 10¢
CANTALOUPES EACH 29¢
Michigan Bunch Beans 2 lbs. 45¢

SHOULDER ROAST LB. 55¢
Ground Chuck LB. 69¢
GROUND BEEF LB. 49¢
Chef Boy Ar Dee Pizza 15 1/2 oz. Beefaroni 31¢
Ravioli 33¢ Spaghetti with meatballs 29¢
Puffs Facial Tissue 200 ct. w/a 2/49¢
Regular Size Cheer 2/49¢
King Size Liquid Joy 59¢
2 roll pak Scottowels Assorted Colors 39¢
Clorox 1 gal. 51¢
White Cloud Toilet Tissue w/a 2 roll pak 2/49¢

Ky. Food Stores Brown & Serve Rolls 29¢
Domino PURE CANE SUGAR Granulated 5 lbs. 45¢ 10 lbs. 89¢

Crisco 3 lb. can 85¢
Nabisco Vanilla Wafers 12 oz. box 2/69¢
Nabisco Fig Newton Cakes 16 oz. cello or box 2/69¢
Maxwell House Coffee 2 lb. tin $1.49
Shedd's Lady Betty Prune Juice 40 oz. 57¢
Kewpie Peas 303 3/49¢
Royal Pudding reg., choice of flavors 9¢
Tenderleaf Tea Bags 48 ct. 59¢
White House Apple Sauce 303 2/29¢
Pillsbury Refrigerated Danish Rolls raisin, caramel, orange 39¢
Fireside Chats 11 oz. 25¢

Delicious Summer Treat
Stokely Finest VINE RIPENED SLICED PEACHES
2 1/2 can halves, slices 3/79¢

Zestee Preserves Strawberry, Blackberry 2 lb. 55¢
NEAL'S KY FOOD STORE