THE GARDEN

SUMMER GREENS

(By John R. Gardner, Kentucky College of Agriculture.

The spring greens will soon have gone to seed, or at least, they will have grown beyond their edible stage. Although cabbage, green peas and beans replace spring greens, in a measure, there is a definite loss to the dietary when they are gone, except the gardener is foresighted to provide for summer greens to follow.

There are two hot-weather greens he may use: Swiss Chard and New Zealand spinach. The former is a member of the beet family, bred especially to make tops. These partake of the flavor of red beet tops, now used for greens by some, except that they are somewhat less pungent. New Zealand spinach resembles very closely ordinary spinach; learning to like it is no chore at all.

Swiss Chard may be sown at any time after it has become safe to plant red beets. The seed should be dropped four inches apart, and after the seedlings have become fully established they should be thinned to a stand of about 12 inches. The "thinnings" may be used for the first "mess" of greens. After as many as six leaves appear, harvesting may begin. This is done by removing no more than half of the lower outer leaves, either by snapping them or by cutting them off. With the growing heart left, the plants will be found to have produced more leaves to harvest, in a short time. Swiss Chard is appreciably cut-worm and cone again," for a 3-foot row (from one packet of seed) will produce, all summer long an entirely adequate, and in fact amazing amount of greens, for a family of five. Lucullus is the variety.

New Zealand spinach is of somewhat different habit of growth; so is the method of harvesting. The seed should be sown in pairs, spaced about as one would space early or tomato plants. If both seedlings come up, one should be carefully removed. Before long the plants will begin branching and harvesting, by removing the four or five terminal clusters or leaves from each branch, may start. New branches continually develop, making harvesting a continuous affair, regardless of summer heat and summer growth. Fifteen plants are quite ample. There is only one variety, New Zealand.

Insects.—As with all vegetables, the summer greens need protection against insects. In the early stages of both, the black flea-beetle is sometimes troublesome. To control it, dusting with 4-4-50 Bordeaux Mixture should be done, once while the seedlings are still in their "seed leaf" stage, and again two weeks later. In order to make control sure, a tablespoon of calcium arsenate may be added to each gallon of Bordeaux, but no arsenicals should be applied later than this because the leaves are the portions of the plants to be used as food. It is well to wash all greens in preparing them for the table.

Once New Zealand spinach is established, critical insect injury passes but Swiss Chard is not so fortunate, for when the really hot weather of summer comes, so may the blister beetles. These consume the leaf tissue but leave the midribs. Quite a palatable dish may be made by stripping these midribs and breaking them into short lengths and serving them stewed, with or without a cream sauce. If the entire leaves of Swiss Chard are desired, protection against the blister beetle may be had by dusting or spraying with compounds of bellebore or pyrethrum; these are not harmful to human life.

Recommends Tar For Sheep Malady

Reports are being received at the Agricultural Experiment Station at Lexington of sheep dying with a trouble known as "gid" or "blind staggers." This malady is caused by a fly which deposits its eggs or living maggots on the noses of sheep from late May until October. The maggots ascend the nasal cavities and lodge in the region of the sinuses of the head and the brain. There they remain for a period of nearly 10 months.

Symptoms are loss of appetite, sneezing, nasal discharge and giddiness or inability to control movements naturally. Often death follows such attacks.

The time to prevent the trouble is by fly repellents when the flies are depositing eggs. Pine tar acts as a repellant to the flies. If the noses of the sheep are smeared with this material, flies will stay away. The animals will not rub their noses for sale logs having several 2-inch holes bored in them and placed in the pasture. Pine tar is smeared around the edge of the logs and half filled in the bottom. Sheep seeking salt will have their noses tarred and be protected as long as it remains.

Suggestions For Milk Cow Owners

Grow more hay and pasture, grow more corn, raise only good heifers and use more dairy products at home, is advice which the Kentucky College of Agriculture offers to dairy farmers. Regardless of any government assistance, certain responsibilities rest with the dairy farmers themselves, according to college heat and summer growth. Fifteen plants are quite ample. There is only one variety, New Zealand.

Insects.—As with all vegetables, the summer greens need protection against insects. In the early stages of both, the black fleabeetle is sometimes troublesome. To control it, dusting with 4-4-50 Bordeaux Mixture should be done, once while the seedlings are still in their "seed leaf" stage, and again two weeks later. In order to make control sure, a tablespoon of calcium arsenate may be added to each gallon of Bordeaux, but no arsenicals should be applied later than this because the leaves are the portions of the plants to be used as food. It is well to wash all greens in preparing them for the table.

Once New Zealand spinach is established, critical insect injury passes but Swiss Chard is not so fortu-

THE FARM AND HOME

(Kentucky Agricultural Experiment Station.)

For food to be properly digested and well utilized, a good disposition adequate diet, sunshine and healthful exercise should be supplied; as well as a balanced diet, says Mary Carolyn Terrell, home economics student, in a speech on "Food Fads and Faddists" given over University of Kentucky extension of WHAS.

Young homemakers in initial buying should show regard for the size of the family income, its prospects of betterment and the degree of permanence of such an income. Purchases should be carefully planned to be adequate, but as little in excess as the current income makes desirable.

In buying gingham and seersucker dress materials, be sure that it is marked "guaranteed fast color" or thereby affirming that it will retain its original color despite both sunlight and washing. If it is marked only "warranted fast color" it may lose its color in the sun.

When marketing for canned vegetables, look for the United States grade marked on the labels, worked out by the Bureau of Agricultural Economics to enable consumers to know what they are buying. No canner is forced to use them. But some have adopted the practice.

Good gardeners know that if rows of thin vegetables to a distance where they can develop properly. Carrots should be six inch apart, parsnips 2 inches, and salsify and beets 1½ inches.

There is still time to sow sudan grass, which makes summer pasture and fairly good hay if cut before maturity and properly cured. It should be drilled in a good seed bed at the rate of 20 pounds to the acre broadcasted, 30 pounds should be sown and harrowed in.

HELPFUL HINTS

Honey keeps best in a warm, dry atmosphere.

A gargle of salt and warm water is often effective for sore throat.

Grated carrot, shredded cabbage and diced apples make a good salad combination.

Eggs will maintain their quality better if placed large end up in the case.

Too frequent washing and brushing increases the greasiness of leather's oily hair.

Wallpaper will stay clean longer if the walls are dusted down periodical ly with a soft brush or cloth wrapped with flannel or some other clean soft cloth.

Raise Only Good Heifers.—The average value of a heifer is better in dairy gain is $40, at present feed prices. Of this amount, $21 goes for feed. It does not pay, therefore, to pick this high feed, cost on calves that do not have breeding or other promise of good production.

Do More Dairy Products.—Each child should have a quart and each adult a pint of milk daily. A gallon of milk daily can be made into nearly 3 pounds of butter, 8 quarts of buttermilk and 9 pounds of cottage cheese in a week.

FROM OVER THE LINE

(By J. W. Rogers

"I love the cheerful summer time, with all its birds and flowers; its shining garments green and smooth, its cool, refreshing shade."

Wonder when Mrs. T. C. Asbury, Harterville, will cut that well-pre-served, last, sweet, corner shall she? Mr. and Mrs. Jack Hall, dau. Miss Patty Ree Buchanan's splendid story of Nicholas county schools, grade marked on the labels, worked out by the Bureau of Agricultural Economics to enable consumers to know what they are buying. No canner is forced to use them. But some have adopted the practice.

Good gardeners know that if rows of thin vegetables to a distance where they can develop properly. Carrots should be six inch apart, parsnips 2 inches, and salsify and beets 1½ inches.

There is still time to sow sudan grass, which makes summer pasture and fairly good hay if cut before maturity and properly cured. It should be drilled in a good seed bed at the rate of 20 pounds to the acre broadcasted, 30 pounds should be sown and harrowed in.

HELPFUL HINTS

Honey keeps best in a warm, dry atmosphere.

A gargle of salt and warm water is often effective for sore throat.

Grated carrot, shredded cabbage and diced apples make a good salad combination.

Eggs will maintain their quality better if placed large end up in the case.

Too frequent washing and brushing increases the greasiness of leather's oily hair.

Wallpaper will stay clean longer if the walls are dusted down periodical ly with a soft brush or cloth wrapped with flannel or some other clean soft cloth.

Raise Only Good Heifers.—The average value of a heifer is better in dairy gain is $40, at present feed prices. Of this amount, $21 goes for feed. It does not pay, therefore, to pick this high feed, cost on calves that do not have breeding or other promise of good production.

Do More Dairy Products.—Each child should have a quart and each adult a pint of milk daily. A gallon of milk daily can be made into nearly 3 pounds of butter, 8 quarts of buttermilk and 9 pounds of cottage cheese in a week.

Polly's Diamond

By THOMAS BALDWIN

© by Modern Newspaper Syndicate WNU Service

POLLY DENTON, attractive sales girl at the silk lingerie section of the department store, was spending a sleepless night. Her conscious mind was a whirlpool of conflicting emotion; a fast revolving wheel of desire and doubt.

Every hour or so she would rise from the corner cot in her meagerly furnished room, switch on the small electric bulb that jutted out above the bureau, and feast her dark, startled eyes on a beautiful, blue-white diamond, simply set in a svelte circle of old-fashioned yellow gold. Each time she rose she stipped the ring carelessly on the third finger of her left hand; arched her wrist and curved her fingers upward to the light—and revelled in the flame and brilliance that flashed and leaped to meet her excited gaze. She might have been mesmerized for the ring. A flawless gem that fit perfectly.

Polly visualized the nonchalant man per she would employ next morning as she flashed the treasure before Dick Malone, floor walker at the lingerie counter. Of course, Ed would make an extremely twinkle his eyes, and say something like:

"Putting on the Ritz this morning, what, Polly?"

"Who says so?" she would return carelessly.

"Some solitaire, eh?" Surely he would take her hand and examine the ring if the floor manager was not looking.

"Oh, that?" She would tinge her pretty with flustered confusion. "That's an heirloom, an' seeing it's such a nice morning I thought I would give it an airing."

And so might banter proceed until she accepted Dick's offer of a dinner invitation from Ed. That accomplished, in view of her confusion and apparent sympathy, solitaire and one evening would be forgotten. Or would it be longer? Polly was sincere about Ed and Dick.

When finally dawn showed up through the curtains, Polly had not arrived for Polly to dress and breakfast for another day, she was still nursing the horns of her first dilemma. But the sting of cold water, as she splashed it over her face, somewhat freed her. A definite solution present- ed itself.

At the store that morning matters transpired which were fulfilled beautifully conceived. Polly poor feeders before the counter opened were folded with a high-pitched "Where'd you get that?" Polly flashed the ring, query, leaving Polly no course but to retire into envious silence.

Ed stopped at Polly's end of the counter about 10, before the rush hour crowded, and Daisy saw her thrust a pert head toward the other; watched Ed grin and become attentive over. The dialogue took place almost at once in the hosiery department, two long sleepless hours. He did hold her hand to admire the ring, very closely, adding:

"It's a Crown Jewel all right, Polly. Used to work in Malden Lane when I was a kid. . . . It couldn't be a dick 'em. Say, Polly, you look swell this morning. How about a bite with me tonight?"

That was the first event of the day for Polly. The second was the pretty maid she received from the floor manager for being fifteen minutes late for from lunch. How the hours dragged until the great event of the day—dinner with Ed.

Over a dessert, after an entrancing hour at a little restaurant Ed liked, he said:

"Let's glimpse that sparkler again, Polly. You know how it is— like to hold your girl's hand. Sure enough! But, honest, kid," an infectious grin as he reached for her, "interesting fingers, "it kinda gets me. Your hayin' that, Polly. It isn't just kind of ornament. Goes with silks and Cartier's and Fifth Avenue. Association changed and a professional Ed spoke quietly, "where'd you get that you were this mornin'? That one was worth a thousand dollars at Malden Lane. This cost two-fifty or three on Nassau street. What's the game, little girl?"

"Some detective, Ed! I took the real one back to the lady that lost it. She lives on Park avenue and she gave me twenty-five dollars. That's how I got a call-down for being late this noon." Utter eyes filled with honesty.

"Honest, Polly? Honest to God?" It was wonderful, wasn't it, Ed? I got this fake just to keep. I owned one like that. And I put twenty dollars in the bank, too."

Ed just sat and thought and thought —still holding the engaging little fingers. Finally Polly began to be a little alarmed.

"Gee! Polly, you could have gotten away with that sparkler as easy as pie. Why didn't you? Say, you're not done yourself. And sincere. That's what I like. And. . . . Come on Polly, let's take in a movie. I got some- thing to tell you about—somethin' to ask you, maybe."

Closed cars traveling along the highways recently were stopped and tested for carbon monoxide gas. Its presence was found in more than 50 per cent and it existed in dangerous amounts in over seven, per cent.

Astronomers at Mt. Wilson observatory have reported the discovery of a layer of ammonia gas more than four miles thick in the atmosphere above the cloud level of the planet Jupiter.

Since Uncle Sam started buying gold at a good price more than 870,000,000 of the yellow metal has been imported into this country.

Clover leaves are favorite designs used in Japanese decoration.

A German doctor has successfully replace the paralyzed leg muscle with a steep spring.

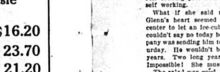
The world's carryover of wheat on August 1 will be around 1,370,000,000 bushels, the same as last year.

LET US HAVE YOUR
House Cleaning
ROBT. MANN, Agent
LEXINGTON LAUNDRY COMPANY

Personally Conducted WORLD'S FAIR TOURS

Cost of Tours From Carlisle

Tour A	$16.20
B	23.70
C	21.20
D	30.20
E	29.80
F	8.20



Here's the best way to see Chicago and the World's Fair. Greyhound Lines offer six complete tours.

Greyhound tours are carefully planned. The accommodations and entertainment included will be beyond your expectations. Write today for descriptive folder and complete information.

GREYHOUND OPERATES THE FOLLOWING TOURS:

A—THREE-DAY ECONOMY TOUR. The tour includes round trip transportation to Chicago, two days and two nights hotel accommodations, Fair admission, concession admissions, tour of the Fair Grounds, city tour of Chicago or Lake cruise.

B—SIX DAY ECONOMY TOUR. The tour includes round trip transportation to Chicago, six days and five nights hotel accommodations, Fair admissions, concession admissions, tour of the Fair Grounds, city tour of Chicago or Lake cruise.

C—FOUR-DAY DELUXE TOUR. The tour includes round trip transportation to Chicago, four days and three nights hotel accommodations, Fair admissions, concession admissions, tour of the Fair Grounds, city tour of Chicago, Day or night cruise on Lake Michigan.

D—SEVEN-DAY DELUXE TOUR. The tour includes round trip transportation to Chicago, seven days and six nights hotel accommodations, ——— Fair admissions, concession admissions, tours of the Fair Grounds, one tour of Chicago, Day or night cruise on Lake Michigan.

E—PERSONALLY CONDUCTED ALL-EXPENSE TOUR. The tour includes transportation on regular schedules to Louisville, Ky., and return and transportation from Louisville to Chicago and return on special through Greyhound buses, four nights hotel accommodations, Fair admissions, concession admissions, tours of the Fair Grounds, transportation from the hotel to the Fair Grounds and return, and the services of an experienced tour director.

F—ROUND TRIP TRANSPORTATION OVER REGULAR SCHEDULES. The tour includes round trip transportation to Chicago with the option of going over one route and returning by another, stopovers are allowed at all principal cities and points of historic and scenic interest en route.

The above is only a hint of the many places you can visit on the complete, inclusive tours listed in the folder. Ask for it now and mail today.

SOUTHEASTERN
GREYHOUND
GREYHOUND BUS DEPOT
Miss Ruth Ledford
Carlisle, Ky. Phone 81

Coupon brings full information without obligation

SOUTHEASTERN GREYHOUND LINES
LEXINGTON, KENTUCKY.

Please send details and folder on your tours to the World's Fair

Name .....

Street ..... City and State .....

Travel anywhere... any day on the SOUTHERN *for* 1½¢ *per mile*

Save by using the Southern at the lowest fares ever offered

1¢ per mile—in Coaches
One way tickets—only double to any point on the Southern

2¢ per mile, round trip ... each way in sleeping and parlor cars
Return limit 15 days

2½¢ per mile, round trip ... each way in sleeping and parlor cars
Return limit 30 days

3¢ per mile and more ways in sleeping and parlor cars

NO SURCHARGE

Your trip on the Southern will be quieter, safer—and more economical! Stopovers (if any) are liberal. Ask for tickets, reservations, time of the handsome, booklet and reprints of driving your own car. Be comfortable in the safety of train travel.

SOUTHERN RAILWAY SYSTEM

Frosting First or Last

By MAE LOUISE FOSTER

"EARLY" queried Glenn, poking a red-thatched head around the door of the tiny apartment which Alice shared with a girl friend.

"Perfectly punctual," Alice didn't look up. Bubbles seemed to burst in Glenn's heart and puff away his breathing as he watched her in that ridiculous frill of an apron, preparing dinner—for him.

He hoped fervently that this one had turned out as desired. Others, several others, hadn't. Glenn loved that firm little rounded chin, but Alice was quite as firm as her chin. No amount of coaxing could change her determination not to marry Glenn until she had learned to cook.

It was years ago she didn't seem have to comb her own hair. Then events! the family fortune vanished and much to her surprise she found herself holding a job. Glenn had urged that she'd marry him she'd find her self cooking just as she'd found herself working.

What if she said no this time—Glenn's heart seemed to part in the center to let an ice-cube through. She couldn't say no today because the company was sending him to Argentina Saturday. He wouldn't be back for two years. Two long years without her! Impossible! She must go with him.

The salad was gold. So was the cold meat. The asparagus was scorched and after the first taste he neglected it. But the potato! It was a dream! Even more than promised—! and with a little more coaxing Alice Millsted David was going her way the cheerful possessor of the key she so much desired.

Then as Miss French went out she stopped at a desk where she heard a girl he knew who might want to go to Europe. "Are you going abroad this summer, Jimmie Henry?" she asked.

"Why, no, Miss Davidson," exclaimed Teddy "I don't believe she knows it—well, of course you haven't, Teddy," agreed Miss French acridly. "This Miss Davidson is very much engaged and wouldn't enjoy here. I hope you understand."

Teddy didn't understand in the least. Miss Davidson was neat, trim and good to look at. She was also a person he would call "flashy." Perhaps her working hours didn't suit her but she had only been there two weeks. Teddy went home and continued to worry about the key until he came to the conclusion that he really ought to see Miss Davidson about it.

Of course you haven't, Teddy," agreed Miss French acridly. "This Miss Davidson is very much engaged and wouldn't enjoy here. I hope you understand."

Teddy didn't understand in the least. Miss Davidson was neat, trim and good to look at. She was also a person he would call "flashy." Perhaps her working hours didn't suit her but she had only been there two weeks. Teddy went home and continued to worry about the key until he came to the conclusion that he really ought to see Miss Davidson about it.

"Miss Davidson," exclaimed Teddy "I don't believe she knows it—well,