PREVENTABLE DEATHS

(Lexington Herald)

Medical science for decades concentrated its knowledge and efforts upon diseases which ravaged humanity in other days and was so successful that sewerage and plagues no longer menace humanity in civilized countries. Epidemics and virulent outbreaks have been checked in nearly every quarter of the globe.

But science has saved millions from early death from infectious and contagious diseases, but thousands of these have been prolonged only to be snuffed out later in life by heart disease. Heart disease has become the cause of more deaths than any other single ailment.

Medical statistics show that deaths from heart troubles reduce the average span of life by more than one half and that 2,000,000 persons in the United States suffer from them sufficiently to have it interfere with their work, play or pleasure.

The encouraging phase of these diseases is that in the majority of cases disorders of the heart are preventable. Excessive use of stimulants, local infections, improper care of the body are the chief preventable causes.

An educational campaign can materially reduce the death rate from heart disease. Public recognition of the facts and universal knowledge of a few simple rules would keep millions of people here in the years to come.

The greatest danger from heart weakness lies in the fact that they seldom give the warning given by many other less dangerous ills.

NOVEMBER OAKS

(Julia Cogswell Frankie)

Threshing over,
Soon the patient work of storing
Will begin.
The brawny oak,
Like the harvester, ready for new season,
Drops off the tending clothes
And sleeches bared, sinewy arms.
The reaper, leaving toil at dusk,
Turns to the home-light
And evening's quiet.
The oaks regard the promise
Of tranquility
Beneath November moon.

WHO'S THE SAVAGE?

(Louisville Times)

Seventy-two cents of every dollar of the income of the United States is devoted to wars which have occurred or which may occur, President Herbert Hoover declared in his message to congress.

More time, and thought, and more of the net proceeds of labor, are devoted to war by the United States, no doubt than were devoted by many of the Indian tribes who lived in this country, in a state of constant war, before the white men came.

President Herbert Hoover, as a business man, and a civilized man, believes that war and its cost should be get creased. It is easier to reach that conclusion than it is to accomplish the reform, through cooperation, which would reduce military expense. But it is plain that civilization has failed in its great objective, and that Christianity is only nominally the faith of Christian nations, when nearly three-fourths of all income must be spent for war clothe.

INFLUENZA GERM FOUND?

(Time)

Currently there are slightly less diphtheria, infantile paralysis, measles and typhoid in the U. S. than at this period last year, and slightly more meningitis and scarlet fever. Smallpox also has increased considerably in 1929. But only few U. S. people now die of smallpox. During the last week of November, when the U. S. Public Health Service has compiled statistics, there was not one smallpox death reported in the entire country. At the same period there were 676 deaths from influenza and pneumonia. Such low rate has been reached only twice in the past four years. This relatively light incidence of influenza has not, however, abated fear of and interest in this respiratory disease. When the University of Chicago officially announced that its Isidore Rodney Falk had isolated the causative germ, the Staphylococcus subpyogenes (Time, Dec. 2), the news spread with the velocity of a politician or beauty contest. Prom Lindau Dr. Duke Thomson, who has worked on the same problem, added: Proving that one has discovered the cause of influenza is an extraordinarily difficult task. It is better to prepare a vaccine. There is close but little or no evidence in scientific medical literature, or even in spoken addresses, to indicate that J. B. Pick, Pa. D. and his associates have progressed any further toward the solution of this problem than have workers in other parts of the world, now or in the past.

Reported Dr. Falk: "All I can say is that I made my report before the Bacteriology Club of the University of Chicago and the evidence will shortly be in print in medical literature."

Supplemented Dr. William Hallock Park, Manhattan's great bacteriologist:

A very thoughtful piece of work whether or not it be found the influenza germ.

MAKE THE FARM HOME MODERN

By Zella Wiegel, Home-centered Extension Department International Harvester Company

Why should a farmer's wife be enslaved to drudgery? When a stranger is given running water and drainage that is installed in or near the kitchen, why not the kitchen at small expense?

Every home which has such running water throughout the house are running trips. A sink must, therefore, be installed in or near the kitchen. It is a time and money saver. Even a sink in the kitchen of a farm home is a luxury which is not