

You Can Get Back Your Grip on Health

Efficient nutrition is the key to health. It is the only way to get back your grip on health. It is the only way to get back your grip on health. It is the only way to get back your grip on health.

The Mardi Gras Mystery

By H. BEYFORD-JONES
CHAPTER I—CONTINUED

"I have a great deal to say to you," said the man in the black coat, looking at the man in the white coat. "I have a great deal to say to you. I have a great deal to say to you."

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The Kitchen Cabinet

These things I have been doing to my kitchen cabinet...

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NEW FALL STYLES

French Openings Display Latest in Seasonable Clothes.

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One Good Merchant in Every Town

W.L. DOUGLAS
NEW FALL STYLES
BOSTON, MASS.

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OUR MAGAZINE SECTION

Interesting Features for the Entire Family

Uncommon Sense... JOHN BLAKE

KIDDIES SIX... NODAVILLE

KEEP BRAKES IN VOICE... RATION NO. 4

ONCE IS ENOUGH... GET OUT THERE!

SCHOOL DAIS... ALBERT M. BOBROW

YOUR HAND... ELLEN'S SHOW IN THE HAND

MOTHER'S COOK BOOK... GOOD THINGS FROM CARROTS

SOMETHING TO THINK ABOUT... BY P. A. WALKER

DECREASE IN GRAIN CROPS... REPORTS INDICATE SLOWER VARIATION

THE GARDEN INVINCIBLE... SINCE THE first memorable day

PLATE PATENT... A remarkable invention

THE WEDDING DOB... One of the new albumen doobies

NEEVE'S MARMELADE... The most delicious marmelade

POSTUM FOR HEALTH... "There's a Reason"

MADE BY POSTUM CEREAL CO., BOSTON, MASS.

2 or 3 Cans of Baking Powder

Are Not Worth the Price of One

They are the "big can and cheap" because they may mean baking failures

CALUMET The Economy BAKING POWDER

Don't let a BIG CAN or a very low price mislead you.

Experimenting with an uncertain brand is expensive - because WE IF we are lucky and you are not.

THE SALES OF CALUMET ARE OVER 100% GREATER THAN THAT OF ANY OTHER BAKING POWDER.

Spohn's Disemper Compound

A UNION OF INTEREST TO WOMEN

Healthy Housewife—Happy Home

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HAIR THIN?

10c Gives New Life to Old Stockings

NEW YORK NEWS

Why sign notes at the dining table?

POSTUM FOR HEALTH

MADE BY POSTUM CEREAL CO., BOSTON, MASS.